

Recovery Workforce Summit: 2015 Annual Conference

Ted-Like Talk Descriptions



Announcements of even more Ted-like Talk presenters, in addition the ones listed below, will be announced soon. Stay tuned!

Daniel J. Tomasulo PhD., MFA, MAPP – well-known and respected author of *Confessions of a Former Child: A Therapist's Memoir*; Psychologist, Professor, Trainer, & Author. [Find out more on Dan.](#)

Session description coming soon

Ron Glodoski – Leading National Expert on Bullying, Substance Abuse and Resiliency; Dynamic Speaker, Author, and Entrepreneur. [Find out more on Ron.](#)

Session description coming soon

Moving Forward from Recovery to Well Being

Roy Starks, MA

This presentation will focus on the exciting framework of well-being for the people we serve as the primary purpose of a community mental health center. It will address the importance of increasing staff well-being in order to meet this purpose. This presentation will also demonstrate how this framework unifies services to adults as well as family and children services, while addressing the importance of organizational alignment. Participants will learn how this framework can increase effectiveness of the organization and increase staff engagement.

Marianne Farkas, ScD, Professor, Director of Training, Dissemination, Technical Assistance; Co-PI Rehabilitation Research and Training Center, Center for Psychiatric Rehabilitation, Boston University

Session information coming soon

A Little Less Talk

Kimberly Gilroy, PhD

Professionals tend to teach the way they were taught. However, in typical recovery settings the teaching demands of the environment are often varied and complex. This talk aims to increase awareness as to how principles and evidence from education apply to teaching strategies and curriculum design in recovery settings. Focus will be given to the Universal Design for Learning as a framework from which to adapt evidence-based therapy with the goals of enhancing health literacy and promoting access, participation, and progress of recovery-oriented services. Didactic and experiential methods for teaching along with examples of its application in an urban VA medical center will further illustrate the value of this approach.

Richard Goldberg, Director, VA Psychosocial Rehabilitation Training Program, PSR Fellowship Program

Session information coming soon

On the Shoulders of Giants: Role of Mentoring in Workforce Development

Nicole Pashka, MS, CRC, CPRP

Personal narrative and strategies will be discussed in 20-minutes to encourage individuals to embrace mentorship as means of developing new talent and sustaining a constantly evolving workforce. Being an active participant in the

development of your own career and trajectory is not always easy to do alone. Guidance, support, and vision flow best in collaboration with seasoned advisors and experienced professionals. Compatibility, temperament, ambition and world-view all go into making a great mentor but the partnership doesn't stop there. How do you seek out your sensei?

At Least One: Hope Inspiring Relationships

Gina Calhoun, CPS

Essential to recovery is having at least one hope-inspiring relationship; a person that will stand by and believe in you, even when you can't believe in yourself. What does the practical application of this quote look like in the human interactive experience? In this keynote, Gina will share her recovery journey with a little help from friends in the audience. Following her interactive story, we will explore supporting others to believe in their own abilities to succeed.

Words Do Matter

Matthew Federici, MS, CPRP

We are in the business of "human services", or support people's movement to reach self-identified goals, and in the process, we do a major portion of this through our communication tactics. The language we use can have a profound effect on the message of recovery. This 20-minute talk will focus on intentional language. Language that allows a person to unleash the power within themselves, language that promotes choices and option (not final answers), and language that focuses on 'What's Happened', not 'What's Wrong'.

Recovering from Your Recovery Oriented Job

Cesar Sosa, CPRP

Presentation is a short snippet to promoting and increasing resiliency in a work environment where self care often falls secondary to assisting consumers in their recovery. Helping others can drain a staff of their own resiliency and hope, creating a unhealthy work situation for all involve. What we try to present in a short, quick but effective and entertaining way, is to recognize the amount of time we spend at our jobs and acknowledging that self care is just as important as productivity. We use recovery oriented supervision as a way to build rituals to help alleviate and refill depletion of one's own resiliency and hope.

We Found Our Colors: A Mother and Daughter Tell Their Story

Stacey Lyddon-Scott

This is a short story about how a mother and daughter survived the challenges of mental illness. We worked through episodes of a runaway child, juvenile corrections, and ADD, to adult mental health care, disappearing acts that included drug addiction, homelessness, and prison. We also talk about the mother's worries and struggles to do the right thing with her troubled daughter while still providing unconditional support. In the end there is hope for healing and recovery. Mom survives, heals, and finds her own recovery, and her daughter finds her place in this world giving back as a peer support specialist.